

# Sacred Heart Catholic Primary School Hindley Green

## Personal, Social and Health Education statement of intent

**At Sacred Heart, the physical and emotional well-being of our children is a priority. A great deal of importance is placed on PSHE and as a Catholic school it is embedded in our ethos as defined in the Mission Statement and Aims of the school. We nurture and educate our pupils in order to help them to develop the knowledge, understanding and skills needed to live happy, healthy and successful lives, now and in the future. We promote our pupils' spiritual, moral, social and cultural development.**

PSHE is taught through a range of implicit and explicit learning opportunities and is embedded through-out the curriculum. PSHE objectives are covered during discrete lessons using the '1decision' programme of study and supported by the PSHE association's programme of study. PSHE objectives are also covered across the curriculum e.g. as part of our Religious Education curriculum, Science Curriculum and Journey in Love programme. In addition to this, PSHE content is complemented by whole school events such as assemblies, enrichment days and our PALS (Pupils Are Learning Socially) initiative.

Our PSHE curriculum includes (but is not limited to) objectives linked to the following themes:

- Health and Well-being (including balanced diets, exercise and drug education).
- Relationships (including friendships, RSE and equality and diversity).
- Living in the wider world (including citizenship, financial education and keeping safe).

**Sacred Heart Catholic Primary School  
Hindley Green**